

# International Conference on Social Pediatrics and Children's Rights

## 17th STATE of the ART Adolescent Health/Medicine Congress (Joint event)

October 10-12 th 2024

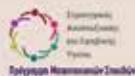
National and Kapodistrian University of Athens (N.K.U.A.)  
Panepistimiou 30, Athens, Greece

24 ECMECs are granted

Organised by the:



in collaboration with



MED CONGRESS  
Διεθνές Συνέδριο  
Παιδιατρικής, Ε. Παιδιά Επιστημονική  
Τ. 231 405 9304 - F. 231 229 6876  
E. info@medcongress.gr • www.medcongress.gr

# International Conference on Social Pediatrics and Children's Rights



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΥΠΟΥΡΓΕΙΟ ΥΓΕΙΑΣ



ΕΛΛΗΝΙΚΟΣ ΕΡΥΘΡΟΣ ΣΤΑΥΡΟΣ



ΙΑΤΡΙΚΟΣ ΣΥΛΛΟΓΟΣ ΑΘΗΝΩΝ



ΕΛΛΗΝΙΚΗ ΨΥΧΙΑΤΡΙΚΗ ΕΤΑΙΡΕΙΑ



ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΕΙΑ  
ΠΑΙΔΙΚΗΣ ΚΑΙ ΕΦΗΒΙΚΗΣ  
ΓΥΝΑΙΚΟΛΟΓΙΑΣ



## Invitation

Dear Colleagues,

The joint **International Conference on Social Pediatrics and Children's Rights and 17th STATE OF THE ART Adolescent Medicine/Health Congress** will take place in Athens on October 10-12th, 2024. This important convening of the **International Society for Social Pediatrics and Child Health (ISSOP)** and the **Greek/Hellenic Society for Adolescent Medicine (GSAM)** will focus on the growing and sometimes existential challenges youth are confronting globally—in low, medium and high-income countries.

Knowledge and experience of colleagues from around the world dealing with the physical and psychosocial aspects of the burdens and co-morbidities impacting young people will be addressed with strategies generated to launch collaborative international and interdisciplinary responses. We will also update knowledge on important adolescent medical and health issues, including nutrition, vaccination, skin conditions, contraception, sports medicine, and ID.

The conference will engage colleagues from around the world in workshops, plenaries, oral and poster sessions, and in strategic planning sessions to sustain the collaborative work of the conference participants. Youth participation will inform and enrich all aspects of the conference, and provide credibility and validity for our joint endeavors into the future.

The venue of Athens as a city of memorable beauty with a deep history of healing from the roots of humanity has a symbolism that will infuse this convening. The **ORIGAMI CRANE** is a symbol that calls for solidarity in our global pursuit for hope and a better life for all-- through the myth a Japanese girl, Sadako.

Our social program will establish space to engage personally to establish a foundation of collegueship to sustain our ongoing work and friendships. We hope you will also use your time in Athens to visit famous museums and monuments, and to explore nearby cultural destinations, such as Sounion, Delphi and Nafplion-Epidaurus, that will further enrich your experience.

We are looking forward to seeing you in Athens-Greece! Please come to share your knowledge and experience and your commitment and passion for the wellbeing of children and families, and to launch our future collaboration.

On behalf of ISSOP and GSAM

**Prof Jeffrey Goldhagen**, USA, ISSOP President

**As. Prof Artemis K. Tsitsika** Greece, GSAM President

## Scientific Committee

- Presidents:** J. Goldhagen U.S.A.,  
A.Tsitsika Greece
- Co-Presidents:** S. Gander, Canada  
N. Spencer, U.K.  
D. Zafeiriou – Greece
- Secretaries Hon:** V. Baltag, WHO, Switzerland  
D. Jourdan, UNESCO Chair GHE, France
- Secretaries Gen:** F. Craig, UK  
R.Nathawad, U.S.A.  
M. Wahba, Egypt
- Members:** J. Breda, Spain, W.H.O.  
D.E. Greydanus, U.S.A.  
E. Ntzani, Greece  
S. Papadakou, Greece  
M. Weber, W.H.O.  
T. Yepoyan, UNESCO ITE

## Local Organizing Committee

- Presidents:** A. Margariti-Andrews  
A.Tsitsika
- Co-President:** A. Passiou
- Secretary:** I. Patiniotis
- Treasurer:** E. Markaki
- Members:** V.Boumba  
C. Daloukas  
E. Kogiannaki  
N. Kozeis  
E. Panagouli  
A. Thirios

## Local Honorary Committee

- N. Chaliasos  
P. Lagiou  
E. Mantadakis  
P. Papagelopoulos  
E. Petridou  
T. Psaltopoulou  
N. Skenteris
- N. Stefanis  
E. Tzima-Tsitsika  
S. Tsitoura  
I. Tountas  
M. Tsolia  
N.Vlahos  
P. Vlamos

## Thursday, October 10th. 2024

### Pre-conference workshops

#### Auditorium "Alkis Argyriadis" / Hall A

- 09.00-11.30 **Workshop 1**  
**Mental Health and Substance Use**  
Facilitators: C. Magendie, S. Gander, M. Kyriakopoulos  
*Youth Council Participants*
- 11.30-14.00 **Workshop 2**  
**Community Approaches to the Care of Adolescents**  
Facilitators: V. Boumba, A. Lagiou, D. Wood  
Comments: D. Topali  
*Youth Council Participants*
- 14.00-15.30 **Lunch Break**
- 15.30-17.00 **Workshop 3**  
**Addressing the Needs and Rights of Youth in State Care**  
Facilitators: M. Economou, J. Goldhagen, E. Nikolopoulou, S. Tsitoura  
*Youth Council Participants*
- 17.00-19.30 **Workshop 4**  
**Transition from Pediatrics to Adult Services**  
Facilitators: R. Nathawad, T. Sergentanis, D. Wood  
*Youth Council Participants*

## Friday, October 11th, 2024

#### Auditorium "Alkis Argyriadis" / Hall A

- 09.00-10.00 **Plenary Lecture 1**  
**Climate Change and Health**  
Chair: E. Petridou  
Speaker: E. Weimann  
*Youth council participation*
- 10.00-10.30 **Coffee Break**

- 10.30 -12.30 **Symposium 1**  
**Alternate forms of Violence Against Youth**  
Chairs: G. Aroni, B. Rubio  
*Climate change as a form of violence*, C. Kraft  
*Forced Migration*, S. Yildiz  
*Armed Conflict*, J. Goldhagen  
*Street and Working Children*, J. Einarsdóttir
- 12.30-13.00 **Lecture 1**  
**How Child Rights informs the Work of Child Health Professionals**  
Chairs: D. Jourdan, M. Wahba  
Speaker: D. Koller
- 13.00-13.30 **Satelite Lecture MSD**  MSD
- 13.30-14.00 **Poster Presentations 1**  
Presidents: E. Panagouli, Ch. Koutsaftiki
- 14.00-15.00 **Lunch Break**
- 15.00 -16.00 **Plenary Lecture 2**  
**Smoking, Vaping and Hookahs**  
Chairs: G. Siasos  
Speaker: M. Weitzman  
  
*Youth council participation*
- 16.00-17.00 **Satellite Symposium Pfizer** 
- 17.00-19.00 **Symposium 2**  
**Hellenic Society for Social Pediatrics**  
**Community Pediatrics as a catalyst for Achieving One Health**  
Chairs: D. Zafeiriou, N. Skenteris  
  
*Antimicrobial Resistance (AMR)*, T. Zaoutis  
*Children on the move: rights and health in jeopardy*, A. Karkoulia  
*Healing Roots: Fostering child health resilience in a complex world*,  
E. Ntzani  
*Endocrine Disruptors*, D. Papadimitriou
- 19.30-20.30 **Opening Ceremony**  
*University of Athens Ceremony Hall*
- 21.00 **Welcome Reception - Costis Palamas Building**

## Friday, October 11th, 2024

### Auditorium "Ioannis Drakopoulos" / Hall B

- 09.00 -10.00 **Plenary Lecture 1 in Hall A**
- 10.30-12.00 **Oral Presentations 1**  
Presidents: P. Christopoulos, L. Kossiva
- 12.00-13.30 **Symposium 3**  
**Impact of Covid: What We Have Learned**  
Chair: N. Spencer, E. Tsekoura
- The Voice of Children in Response to Covid*, D. Wood  
*School performance and difficulties*, G. Gunnlaugsson  
*Early Child development*, D. Koller
- Youth council participation*
- 13.30-14.00 **Oral Presentations 2**  
Presidents: M. Charakida, D. Maritsi
- 14.00-15.00 **Lunch Break**
- 15.00-16.00 **Plenary Lecture 2 in Hall A**
- 16.00-17.00 **Round Table 1**  
**Youth mental health: prevention and innovation strategies**  
Chairs: D.E. Greydanus, A.Tsitsika
- Suicide in the Adolescent: A Preventable Tragedy*, D.E. Greydanus  
*Supporting youth mental health through arts- based services*,  
A. Passiou
- 17.00-19.00 **Round Table 2**  
**The Digital World -Artificial Intelligence and post-modern stress**  
Chairs: M. Weitzman, T. Yepoyan
- Child Rights in the Digital World*, G. Lansdown  
*Artificial intelligence: A future for humanity*, P. Vlamos  
*Post-modern stress*, G. Yilmaz  
*Sexualization - Generation "Sephora"*, A. Tsitsika
- Comments: C. Kraft
- Youth Council Participation*
- 19.00-19.30 **Oral Presentations 3**  
Presidents: V. Gketsi, N. Kozeis

**Saturday, October 12th, 2024**

**Auditorium "Alkis Argyriadis" /Hall A**

- 09.00-10.00 **Plenary Lecture 3**  
**The History and Future of Social Pediatrics**  
Chair: J. Goldhagen  
Speaker: N. Spencer
- Youth Council Participation*
- 10.00-10.30 **Coffee Break**
- 10.30-12.30 **Symposium 4**  
**Addressing Gender and Sexuality in Adolescents**  
Chairs: O. Duperrex, L. Markaki, G. Floudas
- Gender incompatibility and the rights of LGBTQ youth*, E. Acampora  
*LGBTQ friendly services*, S. Manetti  
*Glorious Sex Industry*, N. Papageorgiou - Karadima  
(UNESCO youth council)
- 12.30-13.30 **Round Table 3**  
**Hellenic Dietetic Association**  
**Nutrition as a human right- Nutritional concerns of the youth**  
Chairs: A. Kolomvotsou, A. Passiou, A. Vlassopoulos
- Stigma in society and healthcare- Learnings from weight stigma*,  
E. Fappa  
*Childhood obesity in Cyprus- Ways to deal with it*, E. Markidou  
*Nutrition for a sustainable future*, A. Kolomvotsou
- 13.30-14.00 **The miracle of Digital Technology: Beyond benefits children's health and development are at risk calling for precaution and safe technology exploitation**  
Chairs: S. Finou  
Speaker: S. Canna - Michaelidou
- 14.00-15.00 **Lunch Break**
- 15.00-16.00 **Plenary Lecture 4**  
**Protection of youth in low and middle income countries**  
Chair: R. Nathawad  
Speaker: N. Zafar
- Youth council participation*



16.00-17.30 **HACKATHON “SELMA” Youth Contest**  
**Theme: Empathy for people with disabilities**  
**Coordinators:** V. Boumba, V. Christaki, A. Thirios  
**Comments:** A. Margariti

«Parallel Paths» **Video on Accessibility for Individuals with Disabilities**  
De La Salle College

“Thess Sports 4all”, **Mobile App on Accessibility for Individuals with Disabilities**  
Manoulides Schools – 1st participation (online)

«SilentSupport», **Mobile App on Accessibility for Individuals with Disabilities**  
Manoulides Schools – 2nd participation (online)

«HelpingHand.gr», **Website on Accessibility for Individuals with Disabilities**  
Manoulides Schools – 3rd participation (online)

«Every student can...stand out», **Poster on Accessibility for Individuals with Disabilities**  
A' Arsakeio School in Psychiko

**Our comic on inclusion and accessibility of people with disabilities - We think differently, we change our attitude!**  
5th General High School of Aigaleo

**Online Newspaper – Digital Channel**  
8th Gymnasium of Chalandri

**Music Hug: development of a technological application for Music Therapy to address Chronic Pain for Individuals with Disabilities**  
8th General High School of Amarousion

«We are all Equal» **Poster on Accessibility for Individuals with Disabilities**  
Educational Institution “I Elliniki Paideia” of Irakleio 1st participation

«Enhancing Accessibility» **Poster on Accessibility for Individuals with Disabilities**  
Educational Institution “I Elliniki Paideia” of Irakleio 2nd participation

«UrHelp3r (Your helper) » **Poster on Accessibility for Individuals with Disabilities**  
Educational Institution “I Elliniki Paideia” of Irakleio 3rd participation

«Disability in not inability» **Poster on Accessibility for Individuals with Disabilities**  
Educational Institution “I Elliniki Paideia” of Irakleio 4th participation

«YOU TALK, WE LISTEN» **App**  
1st «Anatolia» College 1st participation (online)

**Mobile phone for individuals with Hearing Impairments**  
1st «Anatolia» College 2nd participation (online)

### «Ear buddy» App

1st «Anatolia» College 3rd participation (online)

### «BrailleWave» camera that takes Photographs and prints in Braille for the Deaf-Blind

1st «Anatolia» College 4th participation (online)

### Handihelp (handicap + help) App

1st «Anatolia» College 5th participation (online)

### Braille Map

1st «Anatolia» College 6th participation (online)

17.30-19.00 **Convene Together for final Session**

**Chairs:** J. Goldhagen, A. Tsitsika

**Next Steps:** MoU (ISSOP and GSAM)

### Award Ceremony

C. Dalucas, A. Margariti, A. Passiou

### Closing Remarks

21.00 **GALA DINNER, Yacht Club of Greece**



## Saturday, October 12th, 2024

### Auditorium "Ioannis Drakopoulos" / Hall B

08.30-09.00 **Poster Presentations 2**

**Presidents:** A. Pardalis, C. Plati

09.00-10.00 **Plenary Lecture 3 in Hall A**

10.30-12.00 **Symposium 5**

**Climate Change and the Complex, Multifaceted Impact on Adolescent Physical, Psychological and Social Health**

**Chairs:** C. Kraft, J. Breda, E. Weimann

*Connecting Climate Injustice to Adolescent Health. Concerns:* C. Kraft

*Climate change and migration,* G. Ercan, E. Haghazarian

*Climate change and mental health concerns of adolescent refugees,* G. Ercan

*Climate change and gender equality,* E. Haghazarian

*Resilience and examples of efforts to address the root cause as well as the downstream effects of climate change,* I. Seeni

- 12.00-13.30 **Round Table 4**  
**Perinatal Medicine Society**  
**Chairs:** A. Charitou, G. Daskalakis  
*Breaking bad news to parents*, P. Antsaklis  
*Gestational Diabetes in Refugee and Immigrant Women*, P. Pappa  
*Low birth rate and ageing population in Greece*, G. Daskalakis
- 13.30-14.00 **Primary care pediatrics: Input and challenges**  
**Chairs:** G. Ntamagka, E. Kaloudi  
**Speakers:** D. Fouskas, C. Dalucas
- 14.00-15.00 **Lunch Break**
- 15.00-16.00 **Plenary Lecture 4 in Hall A**
- 16.00 -16.30 **Lecture 5**  
**Hellenic Society of Pediatric and Adolescent Gynecology**  
**Chairs:** G. Creatsas, M. Kailides  
*Fertility preservation in adolescents (post menarche)*, N. Vlahos
- 16.30-17.00 **Lecture 6**  
**Chairs:** S. Papadakou, M. Tsalamaniotis  
*Optimizing Adolescent and Youth Mental Health Services for Gen Z in Greece: Challenges and Opportunities*  
I. Giannopoulou
- 17.30- 19.00 **Convene Together for final Session (Hall A)**
- 21.00 **GALA DINNER, Yacht Club of Greece**



## Satellite Lectures

**Friday, October 11th, 2024**

Auditorium "Alkis Argyriadis" / Hall A

13.00 -13.30

Satellite Lecture MSD



MSD

**Prevention of HPV-related diseases in boys and girls through vaccination with the 9-valent HPV vaccine**

**Chair:** T. Zaoutis

**Speaker:** A. Tsitsika

16.00-17.00

Satellite Symposium Pfizer



**MenB-fHbp: Broad Protection in a Changing Epidemiological Environment**

**Chair:** A. Tsitsika

**Speakers:** G. Tzanakaki, E. Botsa

## ORAL PRESENTATIONS

**Friday, October 11th, 2024**

Auditorium "Ioannis Drakopoulos" / Hall B

10.30 -12.00 **ORAL PRESENTATIONS 1**

**Presidents:** P. Christopoulos. L. Kossiva

### **OR002 Research with children on the rights under the UN Convention on the Rights of the Child - International comparisons during COVID-19 about the proposals to each government**

Hajime Takeuchi <sup>1,2</sup> Mazen Baroudi <sup>2</sup>, Malale Tungu <sup>3</sup>, Hyeran Chun <sup>4</sup>

<sup>1</sup> Faculty of Social Welfare, Bukkyo University, Kyoto, Japan

<sup>2</sup> Epidemiology and Global Health, Umeå University, Umeå, Sweden

<sup>3</sup> Muhimbili University of Health and Allied Sciences, Dar es Salaam, Tanzania

<sup>4</sup> With Commune Cooperative, Wonju Gangwon, South Korea

### **OR005 Promoting Youth Physical Activity a Literature Review on Interdisciplinary Approaches from Social Work and Public Health Perspectives**

E. Dogias, E. Kornarou, T. Vassilakou, T. Sergentanis

MSc in Public Health, Dept of Public Health Policy, UNIWA, Athens, Attica, Greece

### **OR006 Consistency of Sociodemographic Correlates of Drunkenness in Hungarian Adolescents**

Dóra Eszter Várnai<sup>1,2</sup>, Edit Sebestyén<sup>2</sup>, Gergely Fliegauf<sup>1</sup>, Zsolt Horváth<sup>2</sup>, Ágnes Németh<sup>2</sup>, Zsófia Klára Mészner<sup>1</sup>

<sup>1</sup> Heim Pál National Institute of Pediatrics, Budapest, Hungary

<sup>2</sup> Eötvös Lorand University, Institute of Psychology, Budapest, Hungary

### **OR007 Perception of violence against healthcare workers in a children's hospital in Hungary - a summary of findings of an online questionnaire**

G. Fliegauf, D. Várnai, Z. Mészner

Heim Pál National Paediatric Institution, Department for Methodology

### **OR008 Iron and Vitamin B12 Levels in School-Aged Children**

I. Culha <sup>1</sup>, T. Kallmoglu <sup>2</sup>, M. Basibuyuk <sup>1</sup>, N. Karabayir <sup>3</sup>

<sup>1</sup>Health Science Institute, Social Pediatrics PhD Program, Istanbul Medipol University, International School of Medicine, Istanbul, Turkiye

<sup>2</sup> T.C. Ministry of Health Gaziosmanpasa Community Health Center, Istanbul, Turkiye

<sup>3</sup>Division of Pediatrics, Department of Social Pediatrics, Istanbul Medipol University, International School of Medicine, Istanbul, Turkiye

### **OR009 Assessment with actionable insights: Neurodevelopmental Disorders and the comorbidity factor in Inclusive Education**

Eleni Livaniou

PhD, Educational Psychologist, Diagnostic & Treatment Unit for Children (DTUC) – "Spyros Doxiadis", Greek Dyslexia Association, Life is for All (LIFA)

### **OR010 The transition and the therapeutic team: Association with the emerging adulthood**

Vana Tzanne, Fragiskos Gonidakis, Christina Zourna, Mado Konti, Martha Valter, Eirini Gitakou

1st Department of Psychiatry: Eginition Hospital, National Kapodistrian University of Athens

### **OR011 The role of pediatricians in the early diagnosis of autistic spectrum disorders in infants under 12 months old**

Olga Tzetzzi<sup>1</sup>, Christina Bora<sup>2</sup>, Stavroula Papadakou<sup>3</sup>

<sup>1</sup> MD, PhD, President of the Association of Private Practice Pediatrician's of Northern Greece Delegate (Greece) for ECPCP

<sup>2</sup> MD, PhD, Developmental Pediatrician, Neonatologist, Doxiadis Unit

<sup>3</sup> MD, PhD, Developmental and Behavioural Pediatrician, President of Doxiadis Unit

### **OR012 Health Status of 0–6 Year-Old Children Living in Foster Care in Turkey and the Health Service They Need**

D. Kaçmaz<sup>1</sup>, Ö. Özboru Askan<sup>2</sup>, B. Kural<sup>3</sup>, S. Karabey<sup>4</sup>, G. Gökçay<sup>2</sup>

<sup>1</sup> İstanbul University, Institute of Health Sciences, Institute of Child Health, Doctorate Program of Social Pediatrics, İstanbul, Türkiye

<sup>2</sup> İstanbul University, Institute of Child Health, Department of Social Pediatrics, İstanbul, Türkiye

<sup>3</sup> Haliç University Faculty of Medicine, Department of Child Health and Disease, İstanbul, Türkiye

<sup>4</sup> İstanbul University, İstanbul Faculty of Medicine, Department of Public Health, İstanbul, Türkiye

### **OR013 Multidimensional and Interdisciplinary Care for Children with Refugee Experience in German Camps**

A. Hahnefeld<sup>1,2</sup>, L. Eckler<sup>1</sup>, M. Klosinski<sup>1</sup>, E. Weigand<sup>1</sup>, K. Münch<sup>1,2</sup>, S. Aberl<sup>3,4</sup>, V. Mall<sup>1,2,5</sup>

<sup>1</sup> Chair of Social Paediatrics, TUM School of Medicine, Technical University of Munich, Germany

<sup>2</sup> kbo-Kinderzentrum, Heighofstr. 69, 81377 Munich, Germany

<sup>3</sup> Munich Municipal Hospital Group, Department of Child and Adolescent Psychosomatic Medicine, Kölner Platz 1, 80804 Munich, Germany

<sup>4</sup> Department of Psychosomatic Medicine and Psychotherapy, University Hospital rechts der Isar, Technical University of Munich, Germany

<sup>5</sup> German Center for Child and Adolescent Health (DZKJ), partner site Munich, Germany

### **OR014 Reports from the field: Huggy-Puppy-Intervention in Ukraine at Children's Center Odessa**

A. Hahnefeld<sup>1,2</sup>, L. Eckler<sup>1</sup>, K. Bernhardt<sup>1</sup>, E. Ubiria<sup>3</sup>, V. Mykhailenko<sup>3</sup>, V. Mall<sup>1,2,4</sup>

<sup>1</sup> Chair of Social Paediatrics, TUM School of Medicine, Technical University of Munich, Germany

<sup>2</sup> kbo-Kinderzentrum, Heighofstr. 69, 81377 Munich, Germany

<sup>3</sup> Children's Rehabilitation-Centre, Odessa, Ukraine

<sup>4</sup> German Center for Child and Adolescent Health (DZKJ), partner site Munich, Germany

### **OR015 SHIPScraft® Method: discovering the Significant Others**

Ioannis Patiniotis

Greek Society of Adolescent Medicine, Athens, Greece

13.30-14.00 **ORAL PRESENTATIONS 2**

**Presidents:** M. Charakida, D. Maritsi

### **OR016 Assessment of Health Promotion implementation in Primary and Secondary Schools in Attica following the COVID-19 pandemic**

E. Z. Fenerli, A. Ntokou, A. Lagiou, E. Sakellari

### **OR017 Health promotion needs assessment of primary and secondary school students after the outbreak of the COVID-19 pandemic**

A. Ntokou, E. Z. Fenerli, A. Lagiou, E. Sakellari

### **OR018 Experience of a medical group offering health care in the savanna villages of Tanzania**

E. M. Votsaiti<sup>1,2</sup>, N. Vasileiou<sup>1,2</sup>, M. Tseroni<sup>2</sup>, D. Kyriazis<sup>3</sup>, G. Scambardonis<sup>4</sup>, D. Hatzigeorgiou<sup>5,6</sup>

<sup>1</sup> Military Nursing Academy of Greece

<sup>2</sup> Nursing Department, National and Kapodistrian University of Athens

<sup>3</sup> Ret Brig General, Hellenic Air Force General Staff

<sup>4</sup> Ret General, Hellenic Army General Staff

<sup>5</sup> Lieut. General (Ret), Honorary Surgeon General, Hellenic National Defence General Staff

<sup>6</sup> Member of the Board of Directors, National Public Health Organization of Greece

### **OR019 Can Digitally Literate Parents Protect Children from The Risks Of The Digital World?**

S. Kalkan<sup>1</sup>, N. Karabayir<sup>2</sup>, M. Vatani<sup>3</sup>, R. Akil<sup>4</sup>, N. Y. Silahli<sup>5</sup>, I. C. Hosceylan<sup>6</sup>, N. Arda<sup>7</sup>, A. Zorteymur<sup>8</sup>, D. D. Bilgin<sup>9</sup>, A. Kacir<sup>10</sup>, O. Buke<sup>11</sup>

<sup>1</sup> Istanbul Medipol University, Institute of Health Science, Social Pediatrics PhD programme, Istanbul, Turkiye

<sup>2</sup> Istanbul Medipol University, Institute of Health Science, Department of Social Pediatrics, Istanbul, Turkiye

<sup>3</sup> Medipol University International School of Medicine, Istanbul, Turkiye

<sup>4</sup> Medipol University International School of Medicine, Istanbul, Turkiye

<sup>5</sup> Istanbul Medipol University, Department of Pediatrics, Istanbul, Turkiye

<sup>6</sup> Istanbul Sancaktepe Prof. Dr. Ilhan Varank Training and Research Hospital, Department of Pediatrics, Istanbul, Turkiye

<sup>7</sup> Dr. Ismail Cumalioglu City Hospital, Department of Pediatrics, Tekirdag, Turkiye

<sup>8</sup> Istanbul Medipol University, Institute of Health Science, Social Pediatrics PhD programme, Istanbul, Turkiye

<sup>9</sup> Istanbul Medipol University, Institute of Health Science, Social Pediatrics PhD programme, Istanbul, Turkiye

<sup>10</sup> Istanbul Medipol University, Institute of Health Science, Social Pediatrics PhD programme, Istanbul, Turkiye

<sup>11</sup> Istanbul Zeynep Kamil Training and Research Hospital, Department of Pediatrics, Istanbul, Turkiye

### **OR020 The Impact of Climate Change on the Mental Health of Children**

Sofia Kalpourtzi<sup>1</sup>, Maria Toskidou<sup>2</sup>

<sup>1</sup> System psychotherapist, NKUA

<sup>2</sup> MSc School psychology

## **19.00 – 19.30 ORAL PRESENTATIONS 3**

**Presidents: V. Gketsi, N. Kozeis**

### **OR021 Sustainability Evaluation of Medical Drone Delivery for a Heart Care Center in Rwanda: An Exploratory Study**

Peter Weimann<sup>1</sup>, Prosper Uruvugundi<sup>2</sup>, Edda Weimann<sup>1,3</sup>

<sup>1</sup> University of Cape Town, Cape Town, Western Cape, South Africa

<sup>2</sup> Zipline, Muhanga, Rwanda

<sup>3</sup> Rwanda Heart Care Centre, Kigali Health Campus, Rwanda

### **OR022 The Role of Techno-Policy in Improving Electric Cooking in Uganda**

L. Nandawula<sup>1</sup>, P. Weimann<sup>2</sup>

<sup>1</sup> British High Commission Uganda, Kampala, Uganda

<sup>2</sup> University of Cape Town, Western Cape, South Africa

### **OR024 Long Covid in Children and Adolescents: A multifaceted approach**

Maria Bali, Marousa Magoula

### OR025 Bridging the gap: advancing youth health through enhancing early detection of substance use through screening

S. Gander, S. Campbell, C. Estrella, N. Fana

Horizon Health Network, New Brunswick Social Pediatrics Research, Saint John, New Brunswick, Canada

## POSTER PRESENTATIONS

Friday, October 11th, 2024

Auditorium "Alkis Argyriadis" Hall A

13.30–14.00 **POSTER PRESENTATIONS 1**

**Presidents:** E. Panagouli, Ch. Koutsaftiki

### P001 Assessing the respect of children's rights in pediatric hospitals

Vasiliki Georgousopoulou<sup>1</sup>, Antonis Voutetakis<sup>2</sup>, Petros Galanis<sup>3</sup>, Frederiki Eleni Kourti<sup>4</sup>, Dimitrios Kosmidis<sup>5</sup>, Ioannis Koutelekos<sup>6</sup>, George Manomenidis<sup>5</sup>, Sotiria Koutsouki<sup>7</sup>, Michael Igoumenidis<sup>8</sup>, Chrysoula Dafogianni<sup>6</sup>

<sup>1</sup> 1st Department of Pediatrics, Medical School, National and Kapodistrian University of Athens, 11527 Athens, Greece

<sup>2</sup> Department of Pediatrics, University General Hospital of Alexandroupolis, Democritus University of Thrace, 68100 Alexandroupolis, Greece

<sup>3</sup> Center for Health Services Management and Evaluation, Department of Nursing, School of Health Sciences, National and Kapodistrian University of Athens, 11527 Athens, Greece

<sup>4</sup> School of Medicine, National and Kapodistrian University of Athens, 11527 Athens, Greece

<sup>5</sup> Department of Nursing, International Hellenic University, 68300 Didimoteixo, Greece

<sup>6</sup> Department of Nursing, University of West Attica, 12243 Athens, Greece

<sup>7</sup> Department of Nursing, General Hospital of Kavala, 65500 Kavala, Greece

<sup>8</sup> Department of Nursing, School of Health Rehabilitation Sciences, University of Patras, 26334 Patras, Greece

### P002 Mental health of young people in Switzerland and Liechtenstein in the (post)-pandemic era: a study on factors associated to depression and anxiety

Caroline Heiniger<sup>1</sup>, Lorraine Chok<sup>2</sup>, Diana Fernandes<sup>2</sup>, Yara Barrense-Dias<sup>2</sup>

<sup>1</sup> General pediatric, Lausanne Children's Hospital, Lausanne, Switzerland

<sup>2</sup> Research Group on Adolescent Health, Center for Primary Care and Public Health (Unisanté), Lausanne, Switzerland

### P003 Artificial Intelligence and Critical Thinking in the Education of Children with ASD: Attitudes and Knowledge of Special Educators

K. Parousi, A. Fousteri

Metropolitan College, Athens, Greece, University of East London, London, UK

### P004 Addressing Student Socioemotional Competencies through the EduCardia Erasmus+ Program: A Pilot Implementation in a Greek Junior High School

E. Papamichalaki

1st Junior High School of Petroupoli, Athens, Greece



### **P005 Bodypositivity**

S. Neratzi, M. Papadopoulou

Psychologist, postgraduate student of MSc «Strategies of Developmental and Adolescent Health», Medical School, National and Kapodistrian University of Athens

### **P006 Epidemiology of Adolescent Pregnancy and Impact on Neonates: Experience of a Greek Regional Hospital**

D.-C. Pisisimi<sup>1,4</sup>, N. Stavropoulou<sup>1,4</sup>, A. Christakopoulou<sup>2,5</sup>, E. Skrimizeas<sup>1,4</sup>, A. Koronioti<sup>1,7</sup>, E. Papadopoulou<sup>3,6</sup>, T. Danidi<sup>1,7</sup>, M. Oikonomopoulos<sup>1,7</sup>, G. Allagiannis<sup>1,7</sup>, M. Anastasopoulou<sup>1,8</sup>

<sup>1</sup>General Hospital of Pyrgos

<sup>2</sup>Health Center of Zacharo

<sup>3</sup>Health Center of Ancient Olympia

<sup>4</sup>Pediatric Residents, General Hospital of Pyrgos

<sup>5</sup>Rural Doctor, Health Center of Zacharo

<sup>6</sup>Rural Doctor, Health Center of Ancient Olympia

<sup>7</sup>Pediatricians, General Hospital of Pyrgos

<sup>8</sup>General Hospital of Pyrgos

### **P007 Minding the gap between the hospital beds and community psychosocial services**

C. Giannou, C. Papandreou

EPAPSY, Athens, Greece

### **P008 Humanitarian – scientific mission for the children of Madagascar, organized by a team of Greek paediatricians, at the request of the Church of Southern Madagascar: the mission's rationale and its outcomes**

Olga Tzetzzi<sup>1,4</sup>, Despina Xioufi<sup>2,4</sup>, Stavroula Papadakou<sup>3,4</sup>

<sup>1</sup> MD, PhD, President of the Association of Private Practice Paediatricians of Northern Greece Delegate (Greece) for ECPCP, Head of the Madagascar mission

<sup>2</sup> Paediatrician, Msc in Clinical Medical Research, AUTH

<sup>3</sup> MD, PhD, Developmental and Behavioural Paediatrician, President of Doxiadis Unit

<sup>4</sup> Diagnostic & Treatment Unit for Children (DTUC) – “Spyros Doxiadis”

### **P009 Impact of Social Stigma on Children with Type 1 Diabetes**

Anna Giga, Eleni Evangelou, Ioannis Koutelekos, Chrysoula Dafogianni

Department of Nursing, University of West Attica, Greece

### **P010 Rights of Children and Adolescents with Type 1 Diabetes**

Anna Giga, Eleni Evangelou, Ioannis Koutelekos, Chrysoula Dafogianni

Department of Nursing, University of West Attica, Greece

### **P011 Alcohol Consumption by Parents and Risk of Neoplasms in Offspring During Childhood and Adolescence**

Sofia Kalpourtzi

Systemic Psychotherapist, NKUA

**Saturday, October 12th, 2024**

Auditorium "Ioannis Drakopoulos"/Hall B

08.30-09.00 **POSTER PRESENTATIONS 2**

Presidents: A. Pardalis, C. Plati

**P012 Understanding Gifted Students' Education and Social Interactions: A Dual Perspective**

Angeliki Fousteri

National & Kapodistrian University of Athens, Greece

**P013 Gut microbioma and eating disorders (bulimia nervosa and binge eating)**

Pappa Alexandra

Department of Nutrition and Dietetics, School of Health Sciences and Education, Harokopio University, Athens Greece, Postgraduate/ Master of Science Program "Strategies of Developmental and Adolescent Health", Medical School, National and Kapodistrian University of Athens, Greece

**P014 The correlation between COVID-19 and new onset autoimmune diseases**

Pelagia Galani <sup>1</sup>, Angeliki Kokkinou <sup>2</sup>, Theodoros N. Sergentanis <sup>3</sup>

<sup>1</sup> MD, Pediatric Resident in General Hospital of Elefsina Thriasio

<sup>2</sup> MD, Pediatric Resident in General State Hospital of Nikaia "Saint Panteleimon"

<sup>3</sup> MD, PhD, Assistant Professor of Epidemiology - Research Methodology in the Department of Public Health Policy, School of Public Health, University of West Attica (UNIWA), Athens, Greece

**P015 Child poverty and early intervention: the necessary follow-up and support for children made vulnerable by social determinants of the environment**

M. Sobrino-Toro, L. Fajardo-Jurado, A. Rodríguez-Sacristán, A. Millán-Jiménez.

Department of Pharmacology, Pediatrics, and Radiology. Faculty of Medicine. University of Seville (Spain)

**P016 Consumption of nutritional supplements in adolescents in our environment. Pediatric-social characterization**

M. Sobrino-Toro, M. Brenes-Brenes. Isabel Fernández-Fontán, A. Millán-Jiménez.

Department of Pharmacology, Pediatrics and Radiology. Faculty of Medicine. University of Seville (Spain)

**P017 Experiences of adversity in childhood and Neurodevelopment**

A. Rodríguez-Sacristán, A. Millán-Jiménez, M. Sobrino-Toro

Departamento de Farmacología, Pediatría y Radiología, Facultad de Medicina. Universidad de Sevilla (Spain)

**P018 School Violence. Victimization in Art Form**

R. Paez <sup>1,5,6</sup>, E. Tobarra <sup>2,5,6</sup>, P. Santos <sup>3,6</sup>, M. Sobrino <sup>4,5</sup>

<sup>1</sup> Primary Care Paediatrician Albacete Spain

<sup>2</sup> Community Paediatrician. Royal Glamorgan Hospital, Wales

<sup>3</sup> Pediatric Intensive Care Paediatrician. Toledo Hospital (Spain)

<sup>4</sup> Professor of Paediatrics. University of Seville (Spain)

<sup>5</sup> Spanish Society of Social Paediatrics (SEPS)

<sup>6</sup> Regional group of social paediatrics of Castilla la Mancha (Spain)

**P019 Parental Divorce: A Difficult Period for Adolescents**

Maria Bali, Marousa Magoula, Spiridoula Sotiriou

Pediatric Clinic, General Hospital of Corinth, Corinth, Greece

**P020 Lack of parental role: Adult lives in children's bodies**

Marousa Magoula, Gerina Ioannidou, Margarita Efthymiopoulou, Maria Bali, Aphrodite Dimogerontaki, Myrto Mavrelou, Panagiota Goveni, Anastasia Chatzipanteli, Spyridoula Sotiriou  
Pediatric Clinic at the General Hospital of Corinth, Corinth, Greece

**P021 Response of health professionals to the new national law on violence against children**

R. Paez <sup>1,5,6</sup>, E. Tobarra <sup>2,5,6</sup>, P. Santos <sup>3,6</sup>, V. Losa <sup>4</sup>, S. Ramírez<sup>4</sup>

<sup>1</sup> Primary Care Paediatrician. Albacete. Spain

<sup>2</sup> Community Paediatrician. Royal Glamorgan Hospital, Wales

<sup>3</sup> Pediatric Intensive Care Paediatrician. Toledo Hospital (Spain)

<sup>4</sup> Primary Care Paediatrician, Toledo. Spain. <sup>5</sup> Spanish Society of Social Paediatrics (SEPS)<sup>6</sup> Regional group of social paediatrics of Castilla la Mancha (Spain)

**P022 Service Provider and Educator Perceptions of the Rights of the Child**

Dr. S. Gander, Dr. N. Hanson, S. Campbell, N. Fana, S. Lunney, C. E. Almonte, Chantal MacLean.  
Horizon Health Network, New Brunswick Social Pediatrics Research Program, Saint John, New Brunswick, Canada



Save the Date



30

# ΠΑΝΕΛΛΗΝΙΟ ΣΥΝΕΔΡΙΟ ΠΑΙΔΙΑΤΡΙΚΗΣ ΚΑΙ ΕΦΗΒΙΚΗΣ ΙΑΤΡΙΚΗΣ 21 - 23 ΜΑΡΤΙΟΥ 2025, ΝΑΥΠΛΙΟ HOTEL AMALIA

ΔΙΟΡΓΑΝΩΣΗ



ΕΛΛΗΝΙΚΗ ΕΤΑΙΡΕΙΑ  
ΕΦΗΒΙΚΗΣ ΙΑΤΡΙΚΗΣ  
[www.youth-med.gr](http://www.youth-med.gr)



8<sup>η</sup> ΠΑΙΔΙΑΤΡΙΚΗ ΚΛΙΝΙΚΗ ΠΑΝΕΠΙΣΤΗΜΙΟΥ ΑΘΗΝΩΝ  
ΜΟΣΧΟΠΟΥΛΟΥ ΠΑΤΙΩΝ +6, 4 Α. ΚΥΡΙΑΚΟΥ



Επιστημονική  
Αναπτυξιακής  
και Εφηβικής  
Υγείας

Πρόγραμμα Μεταπτυχιακών Σπουδών



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΥΠΟΥΡΓΕΙΟ ΠΑΙΔΕΙΑΣ, ΕΡΕΥΝΑΣ ΚΑΙ ΘΡΗΣΚΕΥΜΑΤΩΝ

ΣΕ ΣΥΝΕΡΓΑΣΙΑ ΜΕ



[www.youth-life.gr](http://www.youth-life.gr)



Institute for Information  
Technologies in Education



World Health  
Organization



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ  
ΥΠΟΥΡΓΕΙΟ ΥΓΕΙΑΣ



MED CONGRESS  
Διοργάνωση Συνεδρίων  
Κολωνοβών 3, 54624 Θεσσαλονίκη  
T: 231 405 9704 - F: 231 220 6898  
E: [info@medcongress.gr](mailto:info@medcongress.gr)

### A

#### Emma Acampora

Medical Doctor in the Pediatrics Department at the Castellammare di Stabia Hospital

#### Erci Antoniou

Clinical neuropsychologist, MSc, member of Adolescent Health Unit (A.H.U.), Second Dpt of Pediatrics - «P. & A. Kyriakou» Children's Hospital

#### Panagiotis Antsaklis

Assistant Professor of Obstetrics-Gynecology, First Department of Obstetrics & Gynecology, National and Kapodistrian University of Athens, "Alexandra" General Hospital Athens, Greece

#### Gelly Aroni

PhD, Head of the Unit for Integration and Support of UAMs

### B

#### Valentina Baltag

Unit Head, Adolescent and Young Adult Health, Department of Maternal, Newborn, Child & Adolescent Health & Ageing, World Health Organization - Geneva, Switzerland

#### Eirini Bathrellou

PhD Laboratory Teaching & Research Staff "Harokopio" University of Athens

#### Evanthia Botsa

Medical Director of 1st Pediatric Clinic, Agia Sofia Childrens Hospital, Pediatrician Infectious disease specialist

#### Vasiliki Boumba

Clinical Psychologist, MSc, PhD Candidate School of Medicine, National and Kapodistrian University of Athens, Greece

#### João Breda

Head, Athens Office Quality of Care Special Adviser for the Regional Director Division of Country Health Policies & Systems, WHO Greece

### C

#### Stella Canna – Michaelidou

PhD Chemist, Expert on Impacts of Toxic Factors on Children's Health and Food Safety, Former Act. Director General Min. of Health

#### Marietta Charakida

Assistant Professor in Paediatrics- Paediatric and Fetal Cardiology, Second Dpt of Pediatrics, National and Kapodistrian University of Athens, »P.&A. Kyriakou Children's Hospital, Athens-Greece

#### Antonia Charitou

Pediatrician- Neonatologist and Intensivist President of the Hellenic Society of Perinatal Medicine, Member of the Executive Board of UENPS (Union of European Perinatal and Neonatal Societies

#### Vasileia Christaki

Psychologist, MSc "Strategies of Developmental and Adolescent Health" School of Medicine, National and Kapodistrian University of Athens, Greece

#### Panagiotis Christopoulos

Assistant Professor of Pediatric and Adolescent Gynecology, Second Dpt of Obstetrics and Gynecology- National and Kapodistrian University of Athens School of Medicine, »Aretaion» University Hospital of Athens-Greece

#### George K. Creatsas

MD, FACS, FRCOG (ae), FACOG (ae), Professor emeritus of Obstetrics and Gynecology, National and Kapodistrian University of Athens, Greece

## D

### Constantinos Dalucas

President of the Panhellenic Federation of Freelance Pediatricians, Elector of the Panhellenic Medical Association

### George Daskalakis

Professor and Chair, First Dpt of Obstetrics and Gynecology, National and Kapodistrian University of Athens, "Alexandra" General Hospital, Athens, Greece

### Olivier Duperrex

MD MSc, Referent for community paediatrics, Health promotion and prevention Dpt., Unisanté, Treasurer, International Society for Social, Pediatrics and Child Health (ISSOP)

## E

### Jónína Einarsdóttir

Professor of Anthropology, Faculty of Sociology, Anthropology and Folkloristics, School of Social Sciences, University of Iceland

### Maria (Mariza) Economou

Economist- Exec, MBA, General Secretary, Special Olympics Hellas (SOH), f Deputy CEO 1st Regional Health Authority of Attica - Ministry of Health

### Gozde Ercan

MD, Attending Physician, Ilhan Varank Training and Research Hospital, Istanbul, Turkiye

## F

### Evaggelia Fappa

Dr., Dietitian – Nutritionist, Social and behavior change coordinator on the National Action against childhood obesity, UNICEF Greece, Visiting lecturer, Department of Nutritional Science and Dietetics, University of the Peloponnese

### Sofia Finou

Pediatrician- IBCLC (International Board-Certified Lactation Consultant), President of Association of Free Lance Pediatricians of Western Greece and Ionian Islands, Member of Board Hellenic Federation of Private Practice Pediatricians

### Georgios Floudas

Consultant Psychiatrist – Sexologist

### Dimitrios Fouskas

Pediatrician, President of the Association of Freelance Pediatrician of Attica and Member of Board of Hellenic Federation Freelancer Pediatrician

## G

### Sarah Gander

Dr. Social Pediatrician and Lead of New Brunswick Social Pediatrics, New Brunswick Canada

### Ioanna Giannopoulou

Assoc. Professor of Child and Adolescent Psychiatry Faculty of Medicine, University of Athens "ATTIKON" University Hospital

### Jeffrey Goldhagen

M.D., MPH, Professor and Chief, Division of Community and Societal Pediatrics, University of Florida College of Medicine-Jacksonville, President, International Society for Social, Pediatrics and Child Health (ISSOP)

### Vasiliki Gketsi

Pediatrician, Director of Department of Pediatrics, General Hospital of Ioannina «G. Hatzikosta»

### Donald E. Greydanus

Professor of Pediatrics and Adolescent Medicine, Dpt of Pediatric and Adolescent Medicine, Western Michigan University Homer Stryker M.D. School of Medicine, Kalamazoo, USA

### Geir Gunnlaugsson

MD, PhD, Pediatrician, Emeritus Professor of Global Health at the Faculty of Sociology, Anthropology, and Folkloristics -University of Iceland

## H

### Edith Haghnazarian

MD, FAAP, Attending Physician, Children's Hospital Los Angeles

## J

### Didier Jourdan

Professor and Chair of the UNESCO Chair "Global Health and Education" and Head of the WHO Collaborating Centre for "Research in Education and Health", Paris - France

## K

### Michalis Kailides

MD, CEBS, General/Breast surgeon, Donna Health Care-Nicosia, Cyprus

### Elissavet Kaloudi

MD, Paediatrician, MSc, Vice president, Hellenic Federation of Private Practice Paediatricians

### Anastasia Karkoulia

Lawyer - Coordinator of Child Protection Mobile Unit of the Network for Children's Rights (NCR)

### Christina Katsagani

PhD Dietitian - "Agia Sofia" Children's Hospital

### Donna Koller

Professor of Early Childhood Studies - Toronto Metropolitan University - Canada

### Nikos Kozeis

Professor, MSc, PhD1, PhD2, FICO, FEBO, MRCOphth, Pediatric Ophthalmologist  
Director of Pediatric Eye Center of Greece

### Anastasia Kolomvotsou

PhD Secretary of Education HDA, Dietitian  
Polyclinic of Olympic Village

### Lydia Kossiva

Associate Professor of Pediatrics,  
Second Dpt of Pediatrics, National and Kapodistrian University of Athens, "P.&A. Kyriakou Children's Hospital, Athens-Greece

### Chrysi Koutsaftiki

MD. MSc, Consultant Paediatrician, Health Care Centre of Rafina, Athens-Greece  
Editorial team of the Journal of Developmental and Adolescent Health (JDAH)

### Colleen Kraft

Professor of Pediatrics - Keck School of Medicine of the University of Southern California, U.S.A.  
Past President of the American Academy of Pediatrics

### Marinos Kyriakopoulos

Assistant Professor in Child and Adolescent Psychiatry 1st Department of Psychiatry-National and Kapodistrian University of Athens Vyronas-Kessariani Community Mental Health Centre Eginition Hospital

## L

### Areti Lagiou

Member, Board of Directors, University of West Attica, Head, Laboratory of Hygiene and Epidemiology, Department of Public and Community Health, School of Public Health, University of West Attica

### Gerison Lansdown

Founding Director of the Children's Rights Alliance for England

## M

### Christine Magendie

MD, ECPCP vice president



**Stefania Manetti**

President of the ACP Italian Cultural Association

**Angeliki Margariti-Andrews**

Dental Surgeon PhD, Honorary Vice President LIFELINE Hellas  
GSAM Ambassador for the development of youth friendly services and social emotional empowerment of young people

**Despoina Maritsi**

MD, MSC, PHD, MRCPCH, CCT, Assistant Professor in Paediatrics- Pediatric Rheumatology, Second Dpt of Pediatrics, National and Kapodistrian University of Athens, "P.&A. Kyriakou Children's Hospital, Athens-Greece

**Lilian Markaki**

Psychiatrist, Board Member of the Hellenic Psychiatric Society & Medical Association of Athens, Greek Society for Adolescent Medicine/Health

**Eliza Markidou**

Clinical Dietician at Ministry of Health Cyprus

**Raul Mercer**

MD | Coordinator of the Program of Social Sciences and Health at FLACSO

**N**

**Rita Nathawad**

MD, Assoc. Professor & Associate Program Director, Pediatric Residency, Medical Director - Jacksonville Health and Transition Services (JaxHATS)- University of Florida

**Eftychia Nikolopoulou**

MA, Phycologist – Psychotherapist "Kids & Adolescents Mental Health Unit"- Thalpos Mental Health

**Georgia Ntamagka**

Pediatrician, MD, MSc, PhD, Vice President of the Panhellenic Federation of Freelance Pediatricians, President of the Association of Freelance Pediatricians of Larisa

**Evangelia Ntzani**

MD, PhD, Professor and Head Department of Hygiene and Epidemiology, University of Ioannina School of Medicine, Ioannina, Greece, President of the Hellenic Society for Social Pediatrics, Center for Evidence Synthesis in Health, Department of Health Services, Policy and Practice, School of Public Health, Brown University, RI, USA

**P**

**Eleni Panagouli**

Pediatrician PhD, MSc "Strategies of Developmental and Adolescent Health", Faculty of Medicine, National and Kapodistrian University of Athens

**Kalliopi Pappa**

Professor of Obstetrics and Gynecology, First Dpt of Obstetrics and Gynecology, National and Kapodistrian University of Athens, "Alexandra" General Hospital, Athens, Greece

**Stavroula Papadakou**

Dr., PhD, Paediatrician, President of Doxiadis Unit, Paediatrician – Developmental and Behavioral Paediatrician, Dr of Paediatrics, Medical School, University of Athens, Former Coordinator-Director, Paediatric Department of «Asklipeio Voula », Hospital of Athens, Vice President of Greek Association of Adolescent Medicine, Councilor of ISSOP (International Society for Social Paediatrics and Child Health)

### Dimitrios Papadimitriou

MD, MSc, PhD, Pediatric Endocrinologist – Diabetologist, Associate Professor of Pediatrics, Neonatal-Pediatric-Adolescent Endocrinology & Diabetes, Department of Pediatrics, University General Hospital of Larisa, Faculty of Medicine, University of Thessaly, Larisa, Greece, Director of the Pediatric Endocrine Clinic, Athens Medical Group, a.Chef de Clinique des Universites, Univesrite Joseph-Fourier, Grenoble, France, Director and CEO, Pediatric Endocrine Clinics

### Nefeli Papageorgiou - Karadima

History & Archeology student - National and Kapodistrian University of Athens-UNESCO/ GSAM Youth Council Member

### Anna Pardalis

Pediatrician, MSc «Strategies of Developmental and Adolescent Health», School of Medicine, University of Athens, Greece

### Athina Passiou

Lawyer MSc and President of the organization THALPOS Mental Health, Ministry of Health

### Eleni Petridou

Pediatrician, Social Medicine Specialist, M.P.H., PhD, Professor of Preventive Medicine and Epidemiology, National and Kapodistrian University of Athens

### Christina Plati

MD, MSc, Consultant Paediatrician, Thessaloniki - Greece

## R

### Shanti Raman

Director-Community Paediatrics South Western Sydney Local Health District

### Barbara Rubio

M.D., ISSOP General Secretary

## S

### Indulaxmi Seeni

MD, Resident Pediatrician, Children's Hospital Los Angeles

### Theodoros Sergentanis

Assistant Professor of Epidemiology and Research Methodology, Department of Public Health Policies, University of West Attica, Athens, Greece

### Gerasimos Siasos

Professor of Cardiology - Rector of the National and Kapodistrian University of Athens (N.K.U.A.)

### Nikolaos Skenteris

Assoc. Professor of Pediatrics-Social & Developmental Pediatrics, School of Medicine, University of Thessaly, Greece Secretary General of the Board of the Greek Society for Adolescent Medicine (GSAM)

### Nick Spencer

Emeritus Professor of Child Health, Division of Mental Health and Wellbeing-Warwick University Medical School - Past ISSOP President

## T

### Athanassios Thirios

Pediatrician, MSc «Strategies of Developmental and Adolescent Health» Adolescent Health Unit (A.H.U.) Second Dpt of Pediatrics - «P. & A. Kyriakou» Children's Hospital School of Medicine, National and Kapodistrian University of Athens

### Despina Topali

PHD Candidate, MSc, Health Visitor, Health Center Katerini

### Manos Tsalamanios

Director of Dpt of Child and Adolescent Psychiatry - "Asklepieio Voulas" General Hospital, President of the Hellenic Society of Child and Adolescent Psychiatry

**Effrosyni Tsekoura**

MD, MA, PhD, Consultant Developmental Paediatrician – Neonatologist, Board member of the Hellenic Society of Perinatal Medicine, Member of the Paediatric Committee – Central Board of Health, Greece (KESY)

**Stella Tsitoura**

Pediatrician - Social Medicine, Founding member of «MERIMNAS»

**Artemis K. Tsitsika**

Assoc. Professor of Pediatrics & Adolescent Medicine Medical School - National and Kapodistrian University of Athens  
Head of the Adolescent Health Unit (A.H.U.) Second Dpt of Pediatrics - «P. & A. Kyriakou» Children's Hospital  
Chair of the MSc «Strategies of Developmental and Adolescent Health»  
President of the Greek Society for Adolescent Medicine (GSAM)/UNESCO Lol  
President of the National Advisory Committee on gender amendment for minors Ministry of Health

**Georgina Tzanakaki**

Scientific Manager of the National Meningitis Reference Center, Professor in Public Health Microbiology, Head of the Infectious Disease Surveillance Laboratory (LSID), Department of Public Health Policy, School of Public Health, University of West Attica

**Christos Tzanakos**

Sports nutritionist and fitness instructor

**V**

**Nikolaos Vlahos**

Professor and Chair - Second Dpt of Obstetrics/Gynecology, Medical School -National and Kapodistrian University of Athens School of Medicine, «Aretaion» University Hospital of Athens  
Vice President of the Directory Board of the Greek Society of Adolescent Medicine/Health (GSAM)

**Panagiotis Vlamos**

Professor, Scientific Director  
Bioinformatics & Human Electrophysiology Lab  
Department of Informatics Ionian University

**Antonios Vlassopoulos**

MSc - PhD in Human Nutrition in the University of Glasgow School of Medicine  
External Associate, Academic Fellow, Nutrition & Dietetics at Harokopio University of Athens

**W**

**Mamduh Wahba**

MD, Obstetrics and Gynecology, MENA Region Adolescent Wellness President. Egypt

**Edda Weimann**

Prof. of Child Health and Public Health  
Medical Director, Munich, and Honorary Associate Professor, Cape Town

**Michael Weitzman**

Pediatrician, Professor of Public Health and Policy - New York University - U.S.A.

**David Lee Wood**

Professor and Chair - Dpt of Pediatrics  
East Tennessee State University, U.S.A.

**Y**

**Tigran Yepoyan**

Regional Health Education Advisor for Eastern Europe and Central Asia, UNESCO

**Suleymann Yildiz**

Pediatrician, MD, PhD, AFAMEE, MedEdu Enthusiasts, Adolescent Health, Heavy Metals - Nutrition, Dicle University - Turkey

**Gonca Yilmaz**

MD, PhD, Member of the executive committee of the International Society for Social Paediatrics and Child Health, Social and Developmental Pediatrician in training hospital, Ankara, Turkey, Postgraduate Degree in Social Pediatrics

### Z

#### Naeem Zafar

President and Honorary CEO PAHCHAAN (Protection And Help of Children Against Abuse and Neglect). President, Pakistan Pediatric Association, Punjab

#### Dimitrios Zafeiriou

Professor of Pediatric Neurology & Developmental Pediatrics  
Head of the First Department of Pediatrics, Hippokratio General Hospital  
Aristotle University - Thessaloniki, Greece

#### Theoklis Zaoutis

Professor of Pediatrics, Second Dpt of Pediatrics - «P. & A. Kyriakou» Children's Hospital, School of Medicine, National and Kapodistrian University of Athens, Greece

#### Youth Council

Konstantinos Andreou  
Alexander Andrews  
Filippos Archontovasilis  
Nikolaos Baklesis  
Nikolaos Christopoulos  
Dimosthenis Despotidis  
Eirini Kontogianni  
Yannos Myridis  
Eleni Pahnioi  
Nefeli Papageorgiou - Karadima  
Sissy Paschalidi  
Smaragda Paschalidi  
Ioannis Pitsakis  
Andrianna Polymenakou  
Ariadne Safari  
Vasilis Tsolos  
Spyridoula – Erietta Vlachou

#### Youth participation coordinating committee

Erci Antoniou  
Vasilis Tsolos  
Christos Tzanakos

## Registration

For registration and information please send your email to: [fmichalaki@medcongress.gr](mailto:fmichalaki@medcongress.gr) or [click here](#)

**Accommodation** (please send your email to: [fmichalaki@medcongress.gr](mailto:fmichalaki@medcongress.gr))

### Social Events

#### Opening Ceremony

The Opening Ceremony will be held on Friday, October 11th 2024, at the Grand Hall of Athens University, 30 Panepistimiou Str., at 20.30.

Wellcome Reception will follow at "Costis Palamas" building of the Athens University (48 Akadimias Str.), at 21.00.

#### Gala Dinner

The Gala Dinner will take place on Saturday 12th of October 2024, at 21.00, (venue to be announced)

**Full day tours** (for more information send email to [fmichalaki@medcongress.gr](mailto:fmichalaki@medcongress.gr))

- Athens City Tour
- Cape Sounion Tour
- Mycenae, Nafplion-Epidaurus
- Arachova & Delphi

### Scientific Awards

1. G.S.A.M. "George Maragos" Award
2. "Origami Crane" Award - dedicated to Prof. Fani Roumelioti - Margariti

Youth Award – Hackathon SELMA 2024 Award

### **ISSOP/GSAM TRAINING WORKSHOPS (Nb. 1, 2, 3, 4)**

*Highly interactive workshops cover various health topics and how to respond, taking into account the specific needs of children and adolescents.*

*The participation to the workshops is free of charge, but participants need to register and acceptance will be made according to the order of subscription.*

*Certificates of participation will be provided from ISSOP, GSAM and NKUA.*

# 1<sup>ο</sup> WINTER SCHOOL

Ανάπτυξη, συμπεριφορά  
& φροντίδα υγείας  
παιδιών και εφήβων

6-7/12/24  
Ιωάννινα



L. Prasoulis

Διοργάνωση:



unesco

Σε συνεργασία με:

Εθνικό  
και Καποδιστριακό  
Πανεπιστήμιο  
Αθηνών



National  
and Kapodistrian  
University of  
Athens



ΕΝΩΣΗ ΠΑΙΔΙΑΤΡΩΝ  
ΙΔΙΩΤΙΚΟΥ ΤΟΜΕΑ  
ΔΥΤΙΚΗΣ ΕΛΛΑΔΟΣ  
ΚΑΙ ΙΟΝΙΩΝ ΝΗΣΩΝ



ΠΕΡΙΦΕΡΕΙΑ ΗΠΕΙΡΟΥ



ΕΛΛΗΝΙΚΗ ΔΗΜΟΚΡΑΤΙΑ



ΥΠΟΥΡΓΕΙΟ ΥΓΕΙΑΣ  
& ΥΓΕΙΟΝΟΜΙΚΗ ΠΕΡΙΦΕΡΕΙΑ  
ΓΕΝΙΚΟ ΝΟΣΟΚΟΜΕΙΟ ΙΩΑΝΝΙΝΩΝ

Γ. ΧΑΤΖΗΚΩΣΤΑ  
ΠΑΙΔΙΑΤΡΙΚΗ ΚΛΙΝΙΚΗ

Για λειτουργούς υγείας,  
θεωρητικών επιστημών &  
εκπαιδευτικούς

Πολιτιστικός Πολυχώρος  
«Δημήτρης Χατζής»  
Ακτή Μιαούλη & Μετσόβου  
Ιωάννινα

## International Conference on Social Pediatrics and Children's Rights

The organizing committee would like to thank the following companies - sponsors, for their contribution in the success of the International Conference on Social Pediatrics and Children's Rights & 17th State of the Art Adolescent Health/Medicine (Joint event)

